HERTFORDSHIRE

swimming. No female shower access during this time

Pool Timetable term time – Main Pool Monday 16th December - Sunday 22nd December 2024

Monday 6.30 (27m) Line Swin (28m) (28m) Line Swin (28m) (28m) Casual Swin (25m) (28m) Casual Swin (25m) (28m) Casual Swin (25m) (28m) Casual Swin (25m) (28m) Pool Closed Pool Closed for Swin Lesson (15.45-18.15) Private Hire (8.30-20.00) Adv Swin (28m) (28m) Private Hire (8.30-20.00) Private Hire (8.30-20.00) Pool Closed (15.45-18.15) Pool Closed for Swin Lesson (15.45-18.15) Pool Closed for Swin Lesson (15.45-18.15) Private Hire (8.30-20.00) Pool Closed for Swin Lesson (15.45-18.15) Private Hire (15.30-20.00) Pool Closed for Swin Lesson (15.45-18.15) Private Hire (15.30-20.00) Pool Closed for Swin Lesson (15.45-18.15) Private Hire (15.30-20.00) Private Hire (15.30-20.00) Pool Closed for Swin Lesson (15.45-18.15) Private Hire (15.30-20.00) Pool Closed for Swin Lesson (15.45-18.15) Private Hire (15.30-20.00) Pool Closed for Swin Lesson (15.45-18.15) Private Hire (15.30-20.00) Private Hire (15.30-20.00) Pool Closed for Swin Lesson (15.45-18.15) Private Hire (15.30-20.00) Pool Closed for Swin Lesson (15.45-18.15) Private Hire (15.30-20.00) Private Hire (15.30-20.00) Pool Closed for Swin Lesson (15.45-18.15) Private Hire (15.30-20.00) Pool Closed for Swin Lesson (15.45-18.15) Private Hire (15.30-20.00) Pool Closed for Swin Lesson (15.45-18.15) Private Hire Hire (15.30-20.00) Pool Closed for Swin Lesson (15.45-18.15) Pool Closed for Swin			,										
Image: constraint of the second se	Monday	6.30		12:15- 13:00						Lar	18:30-20:30 ne Swim (25m)-(Only 2 single	Evening Lane Swim (25m) 20:30-22:00	
Tuesday 5.00 3.00 Lane Swim (25m) 08:30-90:00 Casual Swim (25m) 09:00-12.15 Lase Swim (25m) 12:45-134.5 Pool closed for Swim Lasson 15:45-18:15 Pool		(,											
25m D::00:00:00 00:00:12:15 Casual Swim (17m) 12:30:15:30 15:45:15:15 Lane Swim (25m) 15:45:16:15 Lane Swim (25m) 15:45:16:15 Adult Swim 18:30:20:30 Pool Closed Pool Closed for Swim Lessons 15:45:16:15 Private Hire 18:30:20:30 Pool Closed 18:30:20:30 Pool Closed 19:30:20:30 Pool Closed 19:30:20:30			· · ·	Casual Swim (25m)		Lessons						Adult Swim lessons 20.30-22.00	es vrvisit
Wednesday 6.30 (25m) Lane Swim (25m) 06:30-09:00 Casual swim (25m) 09:00-12:00 Casual Swim (25m) 09:00-12:00 Casual Swim (17m) 12:15-15:30 Pool Closed Pool		(25m)	06:30-09:00	09:00-12.15			17m)		-18:15		Lane Swim (25m)-(Only 2 single lanes) 18:30-22.00		ur visit
6.00 (25m) Lane Swim (25m) 06:30-09:00 Casual Swim (25m) 09:00-12:00 Casual Swim (17m) 09:00-12:00 12:15:15:00 Point does for Swim Lessons 15:46*16:15 Point does for Swim Lessons 15:46*16*16*16*16*16*16*16*16*16	Wednesday	6.30		Casual swim (25m)	09.00-13.00	Pool Closed			-5-18:15 Lane Swim (25m)-(Only 2		Adult Swim lessons 20.30-22.00 2 single lanes) 0		
Image: Construction Image: Construction Single lanes (25m) Result (25m) Casual Swim (25m) 9.00-11.45 Adult Swim Adult Swim Adult Swim Adult Swim Pool Closed for Swim Lessons Pool Closed for Swi	Thursday	6.30	· · · · ·		Casua	al Swim (17m) 12.15-1	15:30	Pool closed for 15,45	Swim Lessons -18:15		18:30-20:30	Private Hire 20.30- 22.00 Pool closed for	
Friday 6.00- 6.30 (25m) Lane Swim (25m) 06:30-99:00 Casual Swim (25m) 9.00-11.45 Lessons 12:00-13:00 Pool Closed for Swim Lessons 15:45-18:15 Pool Closed Saturday Lane Swim (25m) 08:00-99:00 Lane Swim (25m) 08:00-99:00 Lane Swim (25m) 08:00-99:00 Lane Swim (25m) 08:00-99:00 Lane Swim (25m) 9.00-17.00 Pool Closed for Swim Lessons 15:45-18:15 Pool Closed Saturday Lane Swim (25m) 08:00-99:00 Lane Swim (25m) 08:00-99:00 Lane Swim (25m) 9.00-17.00 Family Fun 12:45-13:40 / 13:45- 14:40 (17m) Casual swim (25m) 15:00 17:00 Private Hire HSC Private Hire - Our avginhing facilities are available to hire, Santact our Booking Team for details. Lane Swim - 17m Pool. Strictly Iane swimming only due to limited Iane and speed availability - continuous swimming is required. Agaa Fit - A fun and challenging aerobic workout in the swim pool to music. Less stress is placed on the joints which makes						siect ic		17m dr	nelite			NPLQ training	
Sunday Lane Swim (25m) 08:00-09:00 Casual Swim (25m) 9.00-12.30 Family Fun 12:45-13:40 / 13:45- 14:40 (17m) Casual swim (25m) 15.00- 17.00 Private Hire HSC Private Hire - Our swimming facilities are available to hire, pontact our Booking Team for details. Lane Swim- 17m Pool. Strictly lane swimming only due to limited lane and speed availiability - continous swimming is required. Aqua Fit - A fun and challenging aerobic workout in the swim pole of the music. Less stress is placed on the joints which makes	Friday				.45	Casual Swim (17m)	nn to				Pool Close	d	
Sunday Lane Swim (25m) 08:00-09:00 Casual Swim (25m) 9.00-12.30 Family Fun 12:45-13:40 / 13:45- 14:40 (17m) Casual swim (25m) 15.00- 17.00 Private Hire HSC Private Hire - Our swimming facilties are available to hire, contact our Booking Team for details. Lane Swim- 17m Pool. Strictly lane swimming only due to limited lane and speed availability - continous swimming is required. Aqua Fit - A fun and challenging aerobic workout in the swim polace ideal for themes up for a lane import workout.	Saturday		(25m)	Our curre	ont length ol leasual Swim	25m) 09.00-17.00			Poc 18.0 (cc Rece	ol Par 0-19. ontac eptior	ty .00 .t n to		
and speed availability - continuous swimming is required.	Sunday					Family Fun 12:45- 13:40 / 13:45-	Casual s		Private Hir	e HS	SC		
			contact our Booking I eam for d				Aqua Fit - A fun and challenging aerobic workout in the swimming pool to music. Less stress is placed on the joints which makes this class ideal for those who prefer a low impact workout.			which makes this			
Lane Swim - 25m Lane swimming only. Strictly lane swimming only due to limited lane and speed availability - continous swimming is due to limited lane and speed availability - continous swimming is required.	but r	ples	to teach children and adults to s a year, 6 days a week.				Family Fun- Music, floats and lots of fun makes this session a perfect way to enjoy some family time. normal child:adult ratios						
lifeguards change the pool length or depth. Swimmers will Casual Swim - 17m Pool. Casual and Lane swimming available.	Y		lifeguards change the pool leng	n or depth. Swimmers will Casual Swi		ual Swim - 17m Pool. Casual and Lane swimming available.			apply. Members can book in person at Reception.			•	
									Evening Lane Swim- 25m Pool. Relaxed Lane Swimming with low level lighting and music.				
Member only swimming- 6.00-6.30 (25m) member only lane		r	Mamhan arthuautinutinu 0.00	6.20 (25m) manufacture la la									

HERTFORDSHIRE SPORTSVILLAGE

Pool Timetable (term time) – Small Pool Monday 16th December - Sunday 22nd December 2024

Monday		Pool closed for Swim Lesso 15:30-18:30
Tuesday	NPLQ 12.30- Swim Swim Lessons Image: Swim Image: S	Pool closed for Swim Lesso 15:30-18:30
Wednesday		Pool closed for Swim Lesso 15:30-18:30
Thursday	Deep water Aqua Fit 12:15- 13:00	Pool closed for Swim Lesso 15:30-18:30
Friday		Pool closed for Swim Less 15:30-18.30
Saturday	timetables are down	any am
Sunday	Aqua Fit 12:15- 13:00 Adult Swim Lessons Only 13:00-15:30 Adult Swim Lessons Only 13:00-15:30 Subject 12:45- 12:45- 12:45- 12:45- 12:45- 12:45- 12:45- 14:30 Additional Information: - All sessions are subject to change alerts and - Pool depths with ange from 9.2m to 1.4m in our off peak hours. In peak hours depths will range	
	Additional Information:	
	- All sessions are subject to change alerts	
	- Pool depths with range from 9.2m to 1.4m in our off peak hours. In peak hours depths will range	ge from 1.3m to 1.5m.

- We have ad hochookings which may affect our timetable, we will ensure these are only booked when it minimises the impact on customers but please `

